

^{EN} FREQUENCY



Sound begins with vibration, the most fundamental form of energy. Before it becomes music, it is frequency: a pattern, a pulse, movement through air. We use those same principles to shape flavour, creating cocktails that express the behaviour of tone.

Each drink is tuned to a point in the spectrum. High frequencies are sharp and bright; mid frequencies hold balance; low frequencies resonate with warmth. What happens in sound happens in flavour too.

In audio, frequency defines clarity, depth, and gravity. In cocktails, acidity, sweetness, bitterness, and texture rise, settle, or linger like waveforms.

A frequency is a physical experience – the body responds before the mind. Bright tones tighten, low tones settle, midrange warms. We build each cocktail around these responses, shaping structure and tension to echo how sound moves through a room.

Our menu isn't mixed, it's engineered. Designed to be felt as much as tasted.



Just as sound is organised by wavelength and pitch, our menu is arranged by how each drink behaves: bright and volatile at the top, balanced through the midrange, grounded and resonant at the low end.

It's not a hierarchy – it's a spectrum. A way to navigate the menu the same way you'd navigate sound.



tequila altos olmeca

Smoke reshapes the air.
Bitter and slow, it drifts downward, pulling
everything with it.
The night hums low – deliberate, magnetic,
alive.

In Sound & Science

A tone known for inducing calm and coherence.
It mirrors the frequencies found in Gregorian
chant and sacred architecture, built to quiet
the mind and settle the body.

In Nature

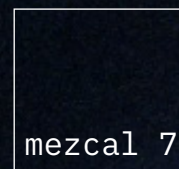
This vibration moves through volcanic rock
and deep caverns – the pulse of the earth
after fire, a slow wave beneath the surface.

In Culture

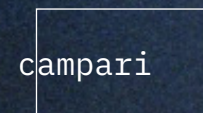
111 Hz has long been associated with
meditation and ritual – the point where
stillness becomes vibration, and sound
becomes physical.

In Music

You can feel it in UNKLE's "Rabbit in Your
Headlights" or The xx's "Infinity" – smoky,
spacious, reverberating low tones that seem
to hold the air in suspension.



mezcal 7 misterios



campari



mancino vermouth barricato anejo

24.00

111 HZ

174 HZ

14.00

woodford reserve

homemade date syrup

chocolate bitters

The first vibration in the dark.
A hum felt more than heard. Slow, resonant,
alive. Warmth, wood, gravity. The sound that
steadies the room.

In Sound & Science

174 Hz is a vibration felt more than heard.
Often called the foundation frequency, it
anchors and steadies, easing tension in the
body.

In Nature

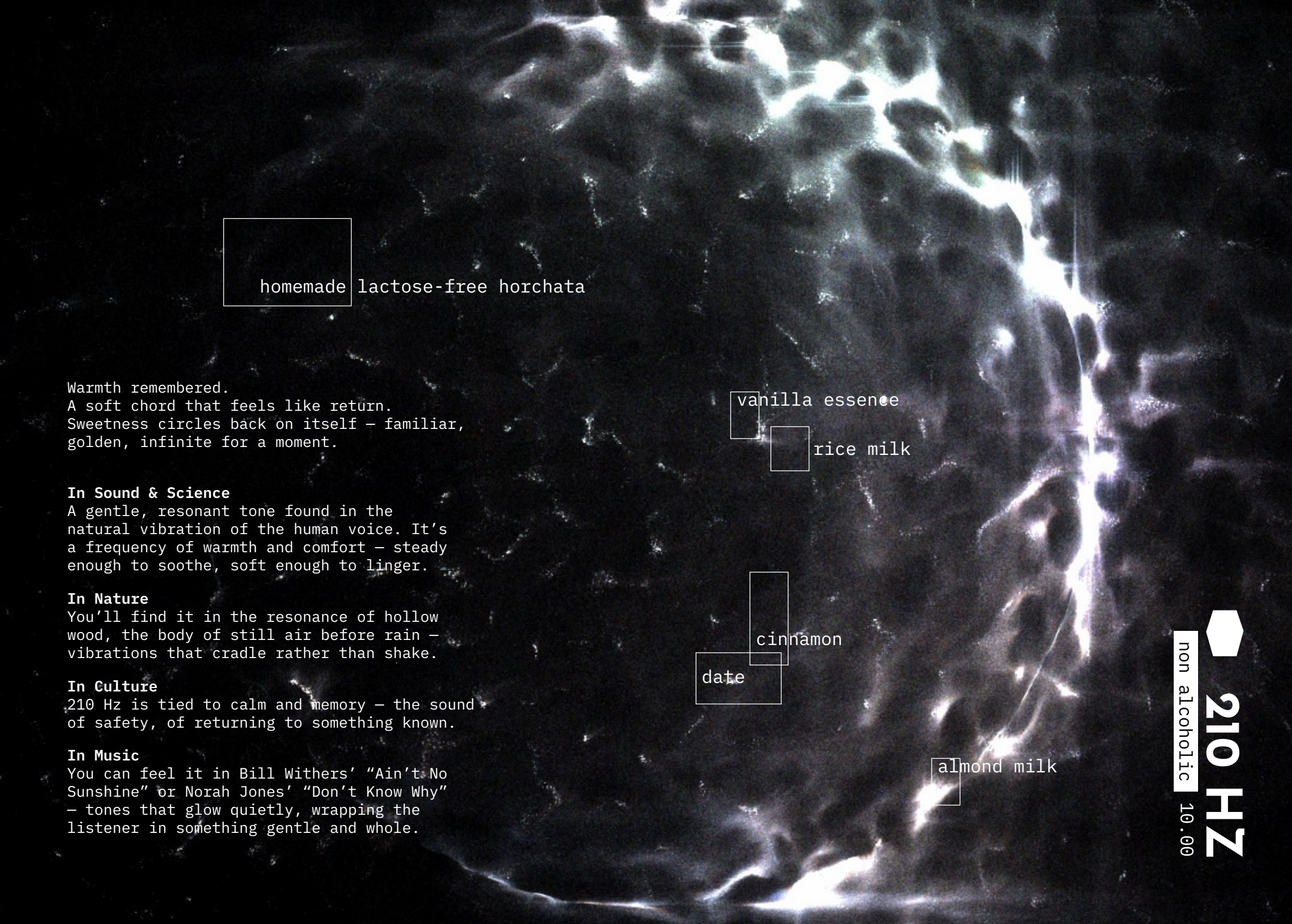
Low tones like this move through ground and
wind – the quiet hum beneath everything,
close to seismic resonance, where the earth
itself begins to vibrate.

In Culture

174 Hz is associated with grounding and
restoration – a tone that stabilises and
holds.

In Music

You can hear it in the low foundation of
Massive Attack's "Angel" – deep, deliberate,
unmistakably alive.



homemade lactose-free horchata

Warmth remembered.

A soft chord that feels like return.

Sweetness circles back on itself – familiar,
golden, infinite for a moment.

In Sound & Science

A gentle, resonant tone found in the
natural vibration of the human voice. It's
a frequency of warmth and comfort – steady
enough to soothe, soft enough to linger.

In Nature

You'll find it in the resonance of hollow
wood, the body of still air before rain –
vibrations that cradle rather than shake.

In Culture

210 Hz is tied to calm and memory – the sound
of safety, of returning to something known.

In Music

You can feel it in Bill Withers' "Ain't No
Sunshine" or Norah Jones' "Don't Know Why"
– tones that glow quietly, wrapping the
listener in something gentle and whole.

vanilla essence

rice milk

cinnamon

date

almond milk

non alcoholic 10.00

210 HZ

285 HZ

12.00



orange bitters

citric acid

licor 43

homemade falernum

A rhythm that sways between heat and clarity. Spice hums, citrus flickers. The air turns golden – balanced on the edge of sharp and soft.

In Sound & Science

A frequency often linked with regeneration and flow, it carries warmth without weight, a vibration that promotes balance and forward motion.

In Nature

285 Hz echoes in the resonance of running water and the rhythmic pulse of wind through trees – tones that repeat, renew, and restore.

In Culture

Traditionally associated with renewal and healing, 285 Hz represents alignment – the moment when tension releases into balance.

In Music

You can feel it in the rhythmic sway of Nina Simone's "Sinnerman" or the rolling percussion of Bonobo's "Kerala" – where brightness meets depth, and motion finds calm.

honeycomb
everleaf forest

Soft light through glass.
The air turns smooth, gold, and slow.
Honey carries the tone forward – calm,
steady, luminous.

In Sound & Science

320 Hz sits in the heart of the midrange – a smooth, resonant tone often linked with balance and concentration. It bridges low warmth and high clarity, creating a sense of evenness and ease.

In Nature

It moves through the rustle of dry grass, the warmth of sunlight on still water – vibrations that steady rather than stir.

In Culture

320 Hz has been connected to restoration and presence – the frequency where thought quiets and focus returns.

In Music

You can hear it in Brian Eno's "Golden Hours" or Khruangbin's "White Gloves" – soft, rounded tones where sound stretches like light through honey.

le galenica forest essence

honey water

camomile soda

lemon juice

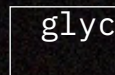
For every 320 Hz 'tree project' cocktail sold, 1€ will be donated to a reforestation project, to help protect our forests

non alcoholic 14.00

320 HZ



grand marnier cuvée louis alexandre



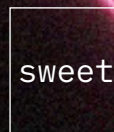
glycerin



beetroot-infused ketel one vodka



orange bitters



sweet & sour

Colour becomes sound – red shifting toward orange, alive and restless. Earth meets brightness in motion, dissolving the line between pulse and taste.

In Sound & Science

A resonant frequency often associated with release and transformation. It vibrates where energy gathers and disperses, clearing tension into clarity.

In Nature

396 Hz mirrors the hum of bees and the resonance of organic matter – the vibration that signals change, growth, and movement beneath the surface.

In Culture

Known as a frequency of liberation, 396 Hz represents the act of letting go – the emotional reset, the return to motion.

In Music

You can hear it in the rise of Pink Floyd's "Breathe" or the layered brass of Kamasi Washington's "Truth" – where density opens into light, and sound begins to move again.



396 HZ

16.00

Clarity in motion.
The sound of green light hitting glass –
bright, awake, exact.
It cuts, it glows, it keeps rising.

In Sound & Science

A tone that resonates with DNA repair and renewal. It's where clarity meets harmony, vibrating at the edge of perception.

In Nature

This frequency appears in the resonance of crystalline structures, flowing water, and birdsong at dawn – sounds that signal purity and renewal.

In Culture

528 Hz has been linked to balance, love, and creativity – tones used to restore focus and openness in meditative and artistic practices.

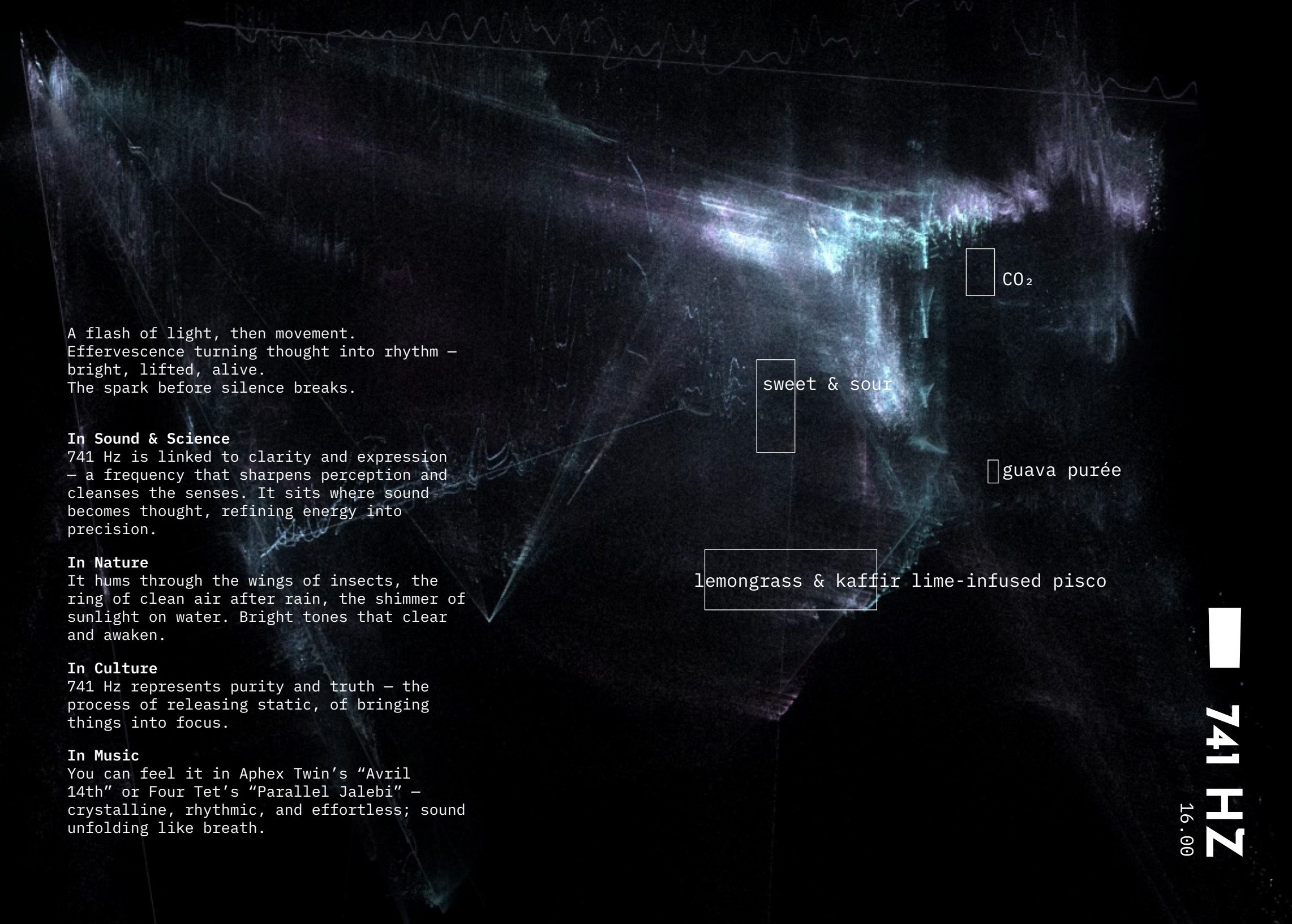
In Music

You can feel it in the clean tension of Nils Frahm's "Says" or the crystalline lift of Ryuichi Sakamoto's "Energy Flow" – where precision becomes emotion, and light finds sound.

dill-infused roku gin

yuzu purée

simple syrup



A flash of light, then movement.
Effervescence turning thought into rhythm –
bright, lifted, alive.
The spark before silence breaks.

In Sound & Science

741 Hz is linked to clarity and expression – a frequency that sharpens perception and cleanses the senses. It sits where sound becomes thought, refining energy into precision.

In Nature

It hums through the wings of insects, the ring of clean air after rain, the shimmer of sunlight on water. Bright tones that clear and awaken.

In Culture

741 Hz represents purity and truth – the process of releasing static, of bringing things into focus.

In Music

You can feel it in Aphex Twin's "Avril 14th" or Four Tet's "Parallel Jalebi" – crystalline, rhythmic, and effortless; sound unfolding like breath.

CO₂

sweet & sour

guava purée

lemongrass & kaffir lime-infused pisco

16.00

741 HZ

852 HZ

14.00

wasabi

citric acid

saline solution

triple pear extraction

patrón silver

A clean cut of light.
Pear rising like glass catching sun, heat
flickering at the edges.
A frequency that sharpens the air – bright,
crystalline, awake.

In Sound & Science

852 Hz is linked to clarity and heightened perception – a tone that clears static and sharpens focus. It vibrates at the upper edge of intuition, fast and precise.

In Nature

It echoes in the shimmer of high-altitude wind, the thin brightness of cold air, the quick snap of energy before a storm – vibrations that lift rather than settle.

In Culture

Often associated with awakening and heightened awareness, 852 Hz cuts through noise. It's the frequency of realignment – the return to sharpness.

In Music

You'll feel it in the crystalline tension of Jon Hopkins' "Emerald Rush" or the weightless rise of Kelly Lee Owens' "On" – tones that slice clean, rise fast, and leave a trail of light.

